

SOUND HEALING TECHNIQUES LEVEL 1

Cultures the world over sing and sound for the invocation of healing, prayer, individual and group attunement, and the transformation of consciousness. Sound Healing is the intentional use of sound to create an environment which becomes a catalyst for healing, connection and well-being.

This course is dedicated primarily to working with something we all have - a voice. It is not necessary to be singer or even have a good ear for music. We explore the use of voice as a vibratory tool to open doorways into ourselves and others.

Topics include:

- intentional singing,
- chanting and sound meditations from different cultures
- toning and sounding work
- chakra diagnosis and balancing through sound
- group overtone and healing
- the use of sacred instruments.

Taught in a concrete, step-by-step manner, this course is very good for wellness practitioners whom are interested in developing vocal healing tools in their work with clients.

Trisha Pope has a long history as a choir director, sound healer, professional clairvoyant and teacher.

For more information and to hear Trisha speak about Sound Healing, please visit her website www.trishapope.com where you will find a radio interview with her.

Teacher: Trisha Pope

Course Hours: 12

Cost: ?

Dates: Saturday/Sunday , January 26/27/2013

9:30 am - 4:30 pm both days

Prerequisites:

None

Programs

- Continuing education
- Personal Growth
- Energy Medicine