

Sound Healing II

Why does music have such a healing effect on us? How does sound connect us to our essence and evoke the space for the love that awakens and heals?

These are the questions we ask in this course. We look at the power of sound through the eyes of modern science bridging to the ancient spiritual knowledge of wisdom keepers in many traditions.

Topics covered:

- the science of wave formations called 'cymatics'.
- Tuning fork theory and practice.
- sound meditations derived from Shamanic, Yogic and Tibetan sound healing practices.
- The power of prayer: intentional singing and sounding to support earth changes and healing
- Definitions of sound healing concepts such as entrainment, resonance, coherence and attunement.
- the use of clairvoyant reading as a diagnostic technique for the application of sound healing in a healing circle.

Taught in a concrete, step-by-step manner, this course is very good for wellness practitioners whom are interested in developing sound healing tools in their work with clients. It is also enriching for those curious about exploring sound for their joy and healing.

This course has no prerequisites. Those who have taken Part 1 will have the opportunity to deepen and integrate the vocal sound healing work into the science, philosophy and practical applications of theory in Part II.

Trisha Pope has a long history as a choir director, sound healer, professional clairvoyant and teacher.

For more information and to hear Trisha speak about Sound Healing, please visit her website www.trishapope.com where you will find a radio interview with her.